

Ex-CIA psychic spy claims humans can tap into 'infinite consciousness'... and reveals how to unlock it

Rob Waugh

A former director of a secret US government psychic program claims every person has the hidden ability to tap into what he describes as the infinite consciousness of the universe.

Dale Graff, who led the [CIA's Project Stargate](#), a classified Cold War initiative that explored psychic spying, said humans possess natural abilities that modern [technology may be interfering with](#).

He believes devices such as cell phones could disrupt humanity's ability to access these intuitive skills, though such claims remain controversial among scientists.

Graff led Project Stargate, a secret US military program that trained individuals to mentally perceive distant locations from the early 1970s until 1995, a technique known as remote viewing- the alleged psychic ability to perceive hidden, distant, or future information, places, or objects using only the mind, without physical senses.

[The program explored](#) whether trained viewers could gather intelligence simply by focusing their minds on specific coordinates.

Graff was not just overseeing the effort, but also participated as a remote viewer himself, attempting to perceive distant events without leaving his desk.

'We all have the potential to develop and use our natural psi ability,' Graff said.

Psi refers to alleged psychic abilities such as sensing distant places, anticipating future events, or accessing information beyond traditional senses.

'The keys lie in accepting the possibility of your psi nature, following a consistent approach to exercising that talent, and seeking ways to apply,' he added.

A former director of a secret US government psychic program claims every person has the hidden ability to tap into what he describes as the infinite consciousness of the universe

For Graff and other remote viewers in Project Stargate during the 1970s and 1980s, this often meant attempting to locate secret military bases or weapons linked to the Soviet Union.

In one early success, remote viewers working with Project Stargate reportedly helped locate a missing Soviet bomber, producing estimates that were considered more accurate than some field-based intelligence efforts.

Other tests involved individuals aboard a submarine selecting images from a book, while remote viewers on land attempted to visualize the same pictures, exercises Graff said demonstrated the mind's ability to access distant information.

Graff later documented many of these experiments in his book, *Tracks in the Psychic Wilderness*, where he described what he viewed as evidence of humanity's hidden mental potential.

He believes society is only now beginning to rediscover the possibility of using intuitive brain abilities, roughly three decades after the program ended.

Despite remote viewing being discontinued by the US government, Graff remains a passionate advocate for what he describes as the benefits of developing psychic awareness.

'I discovered that by exploring our psychic realm, we automatically become more creative and intuitive. We sense deeper aspects of our psyche. As we uncover our psychic talents, we can help others in ways that would not be possible otherwise,' he wrote.

Graff added that he believes these abilities may even allow people to influence healing, suggesting that mental focus could one day be used to support recovery from injuries at a distance.

Dale Graff was the former director of Project Stargate, a secret US military project that weaponized the ability to see distant targets around the world with the mind

However, Graff's work extended beyond drawing sketches of distant locations; he also claimed to foresee catastrophic events before they occurred.

He described one vivid, life-like dream in which he saw a mid-air collision unfolding near mountainous terrain, with one aircraft flying away safely while the other crashed with no survivors.

Graff added that he even recalled seeing what appeared to be a newspaper headline from The Denver Post reporting the disaster while still inside the dream.

About a week later, he claimed, a real mid-air collision occurred near Colorado Springs, involving two aircraft, one that continued flying and another that crashed.

'How could it happen?' Graff later recalled asking himself.

He believes the answer lies in the mental training he developed through years of practicing remote viewing and lucid dreaming techniques.

Graff said he intentionally trained himself to visualize distant objects, interpret mental impressions, and explore what he described as the ability to anticipate future events.

A physicist and aeronautical engineer by training, Graff first became involved in research into remote viewing and lucid dreaming at the Stanford Research Institute during the 1970s.

Graff's book *Tracks in the Psychic Wilderness* looks back on some of the amazing achievements by the remote reviewers of Project Stargate

That research program, funded in part by US intelligence agencies, would later evolve into Project Stargate during the height of the Cold War.

Graff said he believes psychic ability is not limited to trained specialists but may exist in many people who learn how to develop it.

'We found over the years that even people that didn't have any inkling that they could do this, given the motivation, and given the right kind of atmosphere... many people even though they didn't have prior experience, could do some level of what we call high-quality remote viewing,' Graff told the *Outer Limits Of Inner Truth Reborn* podcast in January.

'We've come to the conclusion that most people have a latent ability to do something of this nature. We all can do this in varying degrees,' he continued.

In the 21st century, however, Graff warned that modern lifestyles may be limiting people's ability to tap into what he described as the infinite consciousness.

When asked about heavy smartphone use and social media addiction, Graff suggested that radiation emitted from wireless technology is 'definitely going to affect' a person's mental structures, a claim that remains debated among scientists.

'We are drifting away from our intuitive state of mind when we rely so much on these external aides,' Graff shared.

The Stargate project was officially shut down in 1995 after government officials questioned how reliable remote viewing was as an intelligence tool.

Despite the program's closure, Graff maintains that the experiments conducted during the Cold War revealed untapped capabilities of the human mind.